

WAG CLASSIC CHALLENGE CHAMPIONSHIPS 2022

BG WTC
Updated 12/03/2022

ZINC – 8 Years+ (County / Regional competition only)

<p>Uncoded = 0.10 A = 0.10 B = 0.20 Moves of higher value are not permitted</p>	<p>Elements will be given Difficulty Value according to Rules & Regulations FIG Cycle 15 Code of Points [2022] Rules and Regulations are as FIG Cycle 15 Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS – 4 highest elements to count BEAM/FLOOR – 5 highest elements including dismount BEAM/FLOOR – 2 acrobatic + 2 dance + 1 optional FLOOR No acro lines required Elements higher than a B are not allowed and no Difficulty Value, CR or bonus will be given if they are performed. Un-coded elements as listed below will be recognised and awarded 0.10 each unless stated otherwise Same element can only count once EXCEPT on Bars where an FIG Coded A element may be repeated once for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution.</p>			
Short Exercises	<p>On Beam & Floor, an exercise with less than 5 elements will be deducted 1.00 for each missing element. On Bars, there is no penalty for an exercise with less than 4 elements.</p>			
	Vault	Bars	Beam	Floor
Apparatus	Piled mats to height of 60cm, 90cm or 120cm 1 x springboard	FIG Bars Regulations with: A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.	A FIG Beam Regulations with: A jersey style mat (depth 10cm) is allowed for dismounts (optional).	FIG Floor Regulations except acro lines where no acro line are required. A routine with no acro lines will not incur dismount deductions.
Requirements	<p>DV 2.50</p> <p>Handspring Flat Back onto Pile of Safety Mattresses at a choice of 60cm, 90cm or 120cm to suit the gymnast.</p> <p>2.00 penalty for coach support. Applies to each vault.</p> <p>Best score of 2 performed vaults. (No deduction if only 1 vault performed)</p>	<p>A Gymnast should fulfil 3 of the 5 CR's (Maximum awarded 1.5):</p> <ul style="list-style-type: none"> Upstart (no penalty if stop after) Close bar circle element (back hip circle allowed) Cast to minimum horizontal Any bar change LB – HB A dismount coded or listed uncoded <p>A/ B elements only allowed C/D or move – no DV</p> <p>Maximum D Score 2.50</p>	<p>A Gymnast should fulfil 4 of the 5 CR's (Maximum awarded 2.00):</p> <ul style="list-style-type: none"> ½ spin on one foot Connection 2 Dance elements (can be same or different) Leap or jump with 160° split (cross or side) or straddle Acro element backwards (must be performed on the beam) Acro element forwards / sideways (must be performed on the beam) <p>A/ B elements only allowed C/D or move – no DV</p> <p>Maximum D Score 3.00</p>	<p>A Gymnast should fulfil 4 of the 6 CR's (Maximum awarded 2.00):</p> <ul style="list-style-type: none"> Acro line with min 2 elements (non-flighted allowed) Mixed series minimum 2 directly connected elements A dance passage of 2 different leaps / hops – No split required 360° spin Acro elements forwards / sideways & backwards (non-flighted allowed) Flighted Acro element <p>A/ B elements only allowed C/D or move – no DV</p> <p>Maximum D Score 3.00</p>
Uncoded Permitted Elements (receive 0.1 DV)		<p>Squat onto low bar (There will be no penalty for performing a jump from LB to HB) ¾ Giant from LB to HB Straddle or pike on undershoot dismount Chin up circle over mount Cast to within 45° handstand Float swing (from board, back to board) Cast Straddle, pike dismount from LB Squat on LB jump forwards to land as dismount</p>	<p>Tuck jump Stretched or arched jump Stretched jump ½ Changement Stag leap & Stag jump ½ spin on one foot</p> <p>Forward roll Backward roll Cartwheel rebounding straight jump dismount Roundoff Dismount Handspring dismount Cartwheel to handstand drop down dismount (side of beam)</p>	<p>Cat leap ½ Scissor kick Tuck jump Tuck jump ½ Straight jump ½ W Jump or hop with ½ Changement Stag leap</p> <p>Backward walkover Forward walkover Tic-toc Handstand forward roll Backward roll to front support and / or handstand Backward roll with optional exit Cartwheel</p>
Notes	No other vaults are permitted at this level.	See clarifications.	Any mount may be used Coaches are encouraged to be present for dismounts	No Acro line required
GBR Bonus (in addition to FIG) Only awarded if performed without a fall		<p>0.3 – Upstart performed without a stop (awarded once) 0.3 – Cast above 45° 0.3 – Using both bars 0.1 – Stuck dismount</p>	0.2 – 180° split leap or jump	<p>0.1 – Dance passage with 180° split 0.2 – Acro line minimum 2 connected flighted elements 0.2 each – Salto backwards & forwards</p>

Additional Clarifications for Zinc Level

Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise.

An element can be utilised to fulfil more than one CR (unless otherwise stated).

Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements.

Maximum Bonus (including any FIG bonus) 1.00. Bonus can only be awarded if performed without a fall.

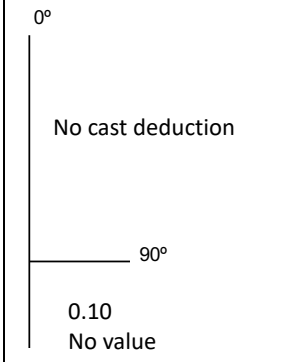
Maximum D score includes any bonus awarded.

Vault:

- Only the specified vault may be performed.
- 1 springboard only allowed
- Additional modified 4 & 5 coil springboards will be available

Bars:

- Deductions as per FIG unless stated otherwise
- There is no penalty for performing less than 4 elements
- There is no penalty for using only the low bar and no requirement to use both bars.
- Gymnasts using only the low bar, may start their exercise between the bars and dismount away from the bars.
- If using both bars, the coach must stand between the bars and be present for the transition between the bars (or 1.00 penalty).
- There is no penalty for bent legs in a sole circle
- There is no penalty for performing a jump from LB to HB either from a sole circle or from a squat / stoop / straddle on
- A safety mat (depth 20cm), and/or a jersey style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.

 <p>0°</p> <p>No cast deduction</p> <p>90°</p> <p>0.10 No value</p>	<p>Handstand (0°) to 90°</p> <p>No cast deduction With value (D panel)</p> <p>Below 90°</p> <p>0.10 deduction No value (D panel)</p>
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Beam:

- 5 elements only are required – 1.00 penalty for each missing element
- A backward roll on one shoulder will class as a backwards element at this level.
- A jersey style mat (depth 10cm) is allowed for dismounts (optional).
- A forward roll will count as a forwards element for CR.

Floor:

- 5 elements only are required – 1.00 penalty for each missing element
- An acro element may be repeated without DV for purposes of fulfilling a mixed series
- Bonus for backward salto can only be awarded if performed within an acro line and without a fall